



Our Own Stories

Unidentified Patty

I must admit I often look at the meat on sale in our local butcher shop and wonder... 'What's that?'

Well it seems that if you pop into **Munno Para Shopping Centre** and visit **Steak of the Art** you could be in for a pleasant surprise.

Here's what **Patty** has to say.

'My fiancé and I have been shopping at **Steak of the Art** butchers in the **Munno Para shopping centre** for quite a while now and I just wanted to say what a great job they are doing.

It doesn't matter what day we go, or who serves us, they are always so friendly and helpful.

If we have a question about what sort of meat to use for a particular recipe, they will always take the time to stop and talk through it with us.

They give us lots of tips on the best way to cook it. Their prices are very reasonable and the meat is very good quality.

People are always so quick to complain about businesses... but never to compliment them. So I just wanted to let everyone know **what a great job they are doing.**

Patty

N.B. This note was an email sent to www.speakyourmind.com.au

Patty..... if you contact us I'm sure our **Gawler Country Music Club President** would be happy to provide you with a couple of complimentary tickets to our **Country Music show** at **Munno Para Bowling & Recreation Club**.

It would be a pleasure to meet up with another **meat-eater**.... There seems to be a growth in the population of vegetarians lately.

However....**Veggie Patties** are quite nice too!

Wot do you think!

Ma's Country Kitchen



This cold weather spell has me running to the loo almost continuously.

I thought I would give you a simple recipe this month to keep you warm and cosy while providing an economic but nourishing meal.

The title of the recipe may have you

thinking.....But you know what I mean.

Frozen pea soup

The soup needs very few ingredients and it's lovely and thick.

Serves four to six

You need:

- 500g packet frozen peas
- 60g butter
- 3 tablespoons flour
- 4 cups water
- 2 chicken stock cubes
- 1/2 cup milk
- 2 teaspoons curry powder (may be mild, medium or hot to individual taste)

Method:

Cook peas in boiling water until tender. Drain then push through a sieve or blend in a food processor.

Heat butter in a pan, add flour and curry powder and stir until combined.

Remove pan from heat and gradually add the water until well mixed. Return to the heat and add crumbled stock cubes.

Stir until the soup thickens and boils. Reduce the heat, add the pureed peas and milk and mix well.

Simmer for a few minutes.

Serve with hot toasted bread.....

Credit to Chef: Deirdre Williams

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Gawler Country Music Club Inc PO Box 1132 Gawler SA 5118 Election of Office Bearers & Committee Members At Annual General Meeting Sunday 19th Aug 2007 Nomination Form (Please Print)

I,.....as Nominator and Financial Member Member No:.....

Hereby Nominate..... Member No:.....

For the position of*..... Signed by Nominator.....

*Options: President, Vice President, Secretary, Treasurer, Newsletter Editor, Public Relations Officer, General Committee Member

I, Member No:.....

Hereby accept nomination for the *above position.

Signed nominated person

Nominations will only be accepted on this form, or on the forms available from our Club Secretary at our Monthly Venue

**All nominations are to be completed and received by
The Secretary on or before Sunday 5th Aug 2007
Mail To: PO Box 1132 Gawler SA 5118 or deliver in person**



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