

## Tamworth Here We Come!

Hey folks, if you missed **Gleny Rae Virus** and the **Tamworth Playboys** at **Munno Para Bowling & Recreation Club** on Jan 7th. ... you missed something very special.



**Gleny Rae and her band** must be one of the most polished and professional bands ever to appear in **South Australia**.

Each musician is talented in their own discipline and **Glenny** has a voice that rings loud and clear. Not just that... she plays the fiddle with the level of expertise far in advance of her years.

**Gawler Country Music Club**.... Look out for this act. You will just love them. The **Playboys** left the gig heading for **Tamworth**.



## Our Own Stories

### Rodeo Ross



Often seated quietly at the back of the audience each month at **Gawler Country Music Club** is a man who doesn't say much. He sips in relative silence at his supply of pure drinking water, listening to music and having a chat with passers by.

**Ross Ireland** doesn't seek fame or fortune but he has many stories to tell about his experiences in the world of **Rodeo and Country Music**.

In his younger years **Ross** teamed up with **Rocky Page** and participated in many of **Rocky's** rodeo shows. In the 70's Ross and Rocky performed in a string of successful **South Australian** Rodeos.

**Ross** took part in **Bronc Riding** a sport that has its origins in mans' attempt to tame and train wild horses for farming and hunting.

Also included in **Ross's** activities was the **Rope and Tie** event which evolved from working on cattle stations where calves had to be roped by a single man for branding.

**Ross's** most demanding activity and certainly the most exciting and dangerous event was **Bull Riding**.

Bulls are considered harder to ride than horses and the risk of injury is far greater. Not only does one risk injury during the ride, but also once the bull is dismounted there is the possibility of being trampled or gored by the angry bull.

In the peaceful relaxed surroundings of **Gawler Country Music Club**, **Ross** doesn't say much 'til you get to know him. He is now a gentle giant... who displays affection for his constant friend and loyal companion...his trusty little pet dog... **Tammy**.

## Ma's Country Kitchen



### Stay Cool

*Happy 2007 to my loyal followers.*

If you are not coping well with the severe heat, it is important to keep cool.

Eat cold foods such as salads, sandwiches and fruit.

If you don't have air conditioning at home, try to find an air-conditioned

place to stay during the day. Perhaps the local library or shopping centre.

To keep your house cool during the day, close all windows and curtains/blinds.

In the evening, open the windows to allow cool air to circulate through the house.

If you open windows, make sure they are protected by insect screens. Also be careful of security. Do not leave doors and windows open if you are not at home

## Time for a Cool Cuppa

Nothing is more refreshing than a cold beverage when temperatures rise. If you're bored with the same old iced tea, make your own herbal drinks.

### Chamomile Apple Cooler

*Serves 4*

Chamomile and apple juice combine to create a relaxing and tasty beverage.

- 2 chamomile tea bags
- 2 cups boiling water
- 3 cups apple juice
- Lemon slices, for garnish

Add tea bags to newly boiled water. Leave for 10mins. Stir and remove tea bags. Add apple juice and chill in refrigerator. If desired, serve with lemon slices in sugar-rimmed glasses. Now that's cool.



Ma needs more volunteers from **Gawler Country Music Club** to assist her at **Speedway City** with **Car Parking and Fundraising**. Interested? Please speak to a member of the **Gawler Country Music Club Committee**.

## Leap Before You Look

**Merelyn and David**, better known as **Carter & Carter** are from **Lilydale** 'on the first bump of the **Dandenong** mountains' in **Melbourne**.

**Carter & Carter** in **January 2007** won the **Independent Country Entertainer ICE Award for Group/Duo Performance** with their song **Ride** from their last album.

**Merelyn and David** produced **RIDE**, together along with **Adrian Hannan** who also co-produced the **Acoustic Gospel** album.



In **January 2006** **Carter & Carter** were inducted into the **Hands of Fame** in **Tamworth** – a great honour for such new artists to the **Australian Country Music Industry**.

The new **Carter & Carter** album **\*Leap Before You Look\*** is out *now*.

## Picture of Friendship

With the twang of country music playing on radios and smiling fans wearing cowboy hats and swarming through town in battered pick-up trucks; **Tamworth** is every inch **Australia's answer to Nashville**.

Proud of its title as the nation's capital of country music and famous for the 12 Metre-high **Golden Guitar** which greets visitors on arrival; **Tamworth** was recently voted one of the **friendliest towns in Australia**.

Hope you all have a great time there folks.

Send us an email with some pics.

**CAPITALCORP**  
A member of the **cmj** group

## Mt Gambier's 2007 CoUntry MUSIC RoUnd - UP 9th - 11th Feb 2007

**Friday Night**  
9th February  
North Gambier Sportsman's Club  
Start: 8pm  
Featuring **Just Passin'**  
Admission \$6

**Talent Quest**  
10th February  
Casadio Park  
Bay Road  
Mount Gambier  
Start: 9am  
Registration 8am  
Admission \$5

**Saturday Night**  
10th February  
Casadio Park  
Bay Road  
Mount Gambier  
Start: 8pm  
Awards Presentations followed by a Cabaret  
Featuring **Sandra Humpries**  
\$12 Members  
\$15 Non Members

**Sunday**  
11th February  
North Gambier Sportsman's Club  
The Herbie Collins Memorial Trophy  
Starting at 12 Noon  
Followed by **The Wild Card Band**  
plus special guests  
\$6 Non Members  
\$4 Members

Also Featuring over the weekend  
Alan Crowe, Mel Weistra, Tracy Cilmas, Allan Webster  
Fiona Holliday, Leah Briggs  
and many more !!!