



## Our Own Stories

The time is 12noon on Saturday the 7th of July 2007.

The place is the sleepy town of Gawler just a few K's North of Elizabeth, South Australia.

Fred, Carol and Brian were, as usual, the first to arrive at the Gawler Country Music Workshop at the Anglican Parish Hall, 26 Cowan Street.

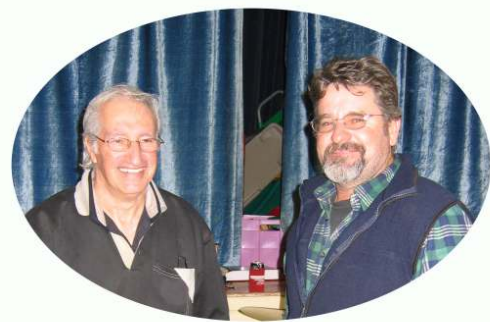
Oh look 'Here come the 'Pleasant Pluckers!' Said Rael's to her enthusiastic team of 'Song Birds'.



'Sure is great to get together folks. Wot's happening?'



'Well! We're looking for the action. I can't wait to try my new amp...  
'Hey! Brian is looking busy over there!'



'Oops!' Said Brian! 'I need to adjust my G string.'



'Watch me folks! I'm good at this bit!'



'Roger..... Never mind smiling at the camera. Watch how I play this C7b5...!'



'Thanks for the Coffee and Cakes Carol! They're going down a treat!'



## Ma's Country Kitchen



At Gawler Country Music Workshop, Ma has been looking in at Carols Café lately to see what goodies she serves up.

Here you can sample a recipe handed down to Carol from her Ma.

### BANANA CAKE

#### INGREDIENTS

- 2 Tablespoons Butter
- 3 Mashed Bananas
- 2 Tablespoons Milk
- ¼ Teaspoons Bicarb Soda
- 1 Egg
- ¾ Cup Sugar
- 1 1/2 Cups S.R. Flour

#### METHOD

Beat butter and sugar to a creamy mixture. Add beaten egg, bananas, carb soda, milk. Mix together then put into a lined or non stick cake tin. **Bake for 20mins** (fan forced oven) **to 1/2hr** (standard oven).

Prick with skewer to see if properly cooked. Leave to cool on cake rack. Ice cake if required.

**THEN ENJOY (WITH A LOVELY CUP OF TEA).**

The same ingredients can be used for muffins.



Carol and her Country Cohorts have a contented smile on their faces. 'OK.....Own Up! Where has all the Banana Cake Gone....?'

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