



IMPORTANT NEWS...

Join us on the Country Music Express!

We're Moving to a New Venue!

Dear Club Members and Friends

As a result of ongoing operational difficulties at the **Munno Para Bowling and Community Club** your committee has deemed it necessary to move our **Gawler Country Music Club Inc** functions to an alternative venue.

Swift action has been taken to facilitate continuity of service to Club Members, friends, and the local community.

As from **Sunday the 17th August 2014**

**Gawler Country Music Club Inc club shows will be held at the Grenville Centre
Grenville Community Connections Hub
10 Playford Boulevard
Elizabeth
(Across from the Civic Centre.)**

Your **AGM begins at 10am** and your **monthly show is from 12 noon until 4pm** both at the new venue.

We apologise for such short notice but through necessity your committee has taken the initiative to embark upon a series of exciting new developments including plans which will provide many short term and long term benefits and surprises.

Tell your family and friends about this exciting new development. **It's Official!**

**Please be patient. All questions will be answered and discussed at our next AGM
Sunday the 17th August 2014 at the Grenville Centre.**

Best wishes from the Gawler CMC Committee. Hope to CU at our AGM.

Country Music at its Best!

www.gawlercountrymusicclub.com.au/

Your Safety in Cold Weather

If a fire occurred in your hometonight, would you know what to do?

- People between 65 and 74 are **TWICE** as likely to die in a fire.
- People between 75 and 84 are nearly **FOUR** times as likely to die in a fire.
- People ages 85 and older are more than **FIVE** times as likely to die in a fire.

With a few simple steps older people, and those who care for them, can dramatically reduce their risk of death and injury from fire.

Why Are Older People at Risk?

Older people are at risk of fire death and injuries for a number of reasons:

- They may be less able to take the quick action necessary in a fire emergency.
- They may be on medication that affects their ability to make quick decisions.
- Many older people live alone and others may not be around to help.

Most residential fires occur between 10 p.m. and 6 a.m. and deaths from residential fires occur in greater numbers between midnight and 4 a.m. when most people are asleep.

Smoke Alarms

Over seventy-five percent of senior citizens who die each year in fires do not have working smoke alarms in their homes. Smoke alarms are designed to wake occupants if a fire starts in your home at night. It is a dangerous risk to assume that the smell of smoke or the heat of the fire will wake you up. Just a few breaths of the smoke will endanger your life and by the time the heat wakes you up your means of escape may be gone. Do schedule a regular home safety evaluation.

It is a good idea to keep a pair of slippers, eyeglasses and a flashlight by your bed at night. If you hear your smoke alarm at night you will be prepared to get out of your home quickly. Once you hear the sound of your smoke alarm ~ every second counts for your escape. Remember that a fire grows very quickly.

Give Space Heaters Space

Portable space heaters can quickly warm up a cold room, but they have been the cause of many serious home fires. Keep fixed and portable space heaters at least three feet from anything that can burn and follow all manufacturer instructions. Never dry wet clothing or shoes on space heaters and always turn them off when leaving the room or going to sleep.

Change Unsafe Smoking Habits

Sitting in your favourite chair and having a cigarette after dinner seems to some like a great way to relax - but cigarettes and relaxing can be a deadly mix. Falling asleep while smoking can ignite clothing, rugs and materials used in upholstered furniture. Using alcohol and medications that make you sleepy compounds this hazard.

Careless smoking is the leading cause of fire deaths and the second leading cause of injuries among people ages 65 and older.

Cigarettes continue to burn when they are not properly extinguished. When a resting cigarette is accidentally knocked over, it can smoulder for hours before a flare-up occurs. Before you light your next cigarette, remember:

Put your cigarette or cigar out at the first sign of feeling drowsy while watching television or reading.

Fire Kills!

